

Curiously Wise: Practical Spirituality in Action Podcast
Hosted by Laurin Wittig

Presents a List of Book Recommendations*
(in no particular order)
From Our 2023 Guests & Laurin

[Unlocking Prosperity](#)

[7 Essential Strategies for Thriving Business Relationships](#)

By Jamie Jones (also guest for this episode)

Recommended by Laurin Wittig - host

[Episode 82, Dec 2023](#)

[The Red Tent: A Novel](#)

[By Anita Diamant](#)

Recommended by Sydney Decker

[Episode 73, October 2023](#)

[Daughters of the Copper Woman](#)

[By Anne Cameron](#)

Recommended by Sydney Decker

[Episode 73, October 2023](#)

[The Celestine Prophecy](#)

[By James Redfield](#)

Recommended by Coach Lee Hopkins

[Episode 72, September 2023](#)

[Letters from the Earth](#)

[By Mark Twain](#)

Recommended by Peggy O'Toole

[Episode 66, August 2023](#)

[Ask and It is Given: Learning to Manifest Your Desires \(Law of Attraction Book 7\)](#)

[By Esther & Jerry Hicks](#)

Recommended by Cooper Gillespie

[Episode 53, April 2023](#)

[Connected: The Surprising Power of our Social Networks and How They Shape Our Lives](#)

[By Nicholas A. Christakis & James H. Fowler](#)

Recommended by Elaine Starling

[Episode 45, February 2023](#)

[Just Mercy: A Story of Justice and Redemption](#)

[By Bryan Stevenson](#)

Recommended by Melody Owen

[Episode 57, May 2023](#)

[Limitless: Upgrade Your Brain, Learn Anything Faster, and Unlock Your Exceptional Life](#)

[By Jim Kwik](#)

Recommended by Emmy Rousseau

[Episode 63, August 2023](#)

[Stress Less, Accomplish More: Meditation for Extraordinary Performance](#)

[By Emily Fletcher & Sean Pratt](#)

Recommended by Emmy Rousseau

[Episode 63, August 2023](#)

[Welcome Home: Following Your Soul's Journey Home](#)

[By Sandra Ingerman](#)

Recommended by Tessa Alburn

[Episode 65, August 2023](#)

[Pagan Grace: Dionysos, Hermes, and Goddess Memory in Daily Life](#)

[By Ginette Paris & Joanna Mott](#)

Recommended by Dr. Andrea Slominski

[Episode 64, August 2023](#)

[The Man Who Mistook His Wife for a Hat: And Other Clinical Tales](#)

[By Oliver Sacks](#)

Recommended by Raphael Joudry

[Episode 68, August 2023](#)

[The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science](#)

[By Norman Doidge](#)

Recommended by Raphael Joudry

[Episode 68, August 2023](#)

[Soul Retrieval: Mending the Fragmented Self](#)

[By Sandra Ingerman](#)

Recommended by Tessa Alburn

[Episode 65, August 2023](#)

[Dancing in the Flames: The Dark Goddess in the Transformation of Consciousness](#)

[By Marion Woodman & Elinor Dickson](#)

Recommended by Dr. Andrea Slominski

[Episode 64, August 2023](#)

[Women's Mysteries: Toward a Poetic of Gender](#)

[By Christine Downing](#)

Recommended by Dr. Andrea Slominski

[Episode 64, August 2023](#)

[Women Who Run With the Wolves](#)

[By Clarissa Pinkola Estes](#)

Recommended by Dr. Andrea Slominski

[Episode 64, August 2023](#)

[Becoming Kuan Yin: The Evolution of Compassion](#)

[By Stephen Levine & Ondrea Levine](#)

Recommended by Aveen Banich

[Episode 62, June 2023](#)

[Our Daily Meds: How the Pharmaceutical Companies Transformed Themselves into Slick Marketing Machines and Hooked the Nation on Prescription Drugs](#)

[By Melody Petersen](#)

Recommended by Melissa Deally

[Episode 60, June 2023](#)

[Soul Speak ~ The Language of Your Body](#)

[By Julia Cannon](#)

Recommended by Jason Medlock when he interviewed Laurin for his podcast:

[Expansion of Consciousness, November 2, 2023](#)

[Dying to Be Me: My Journey from Cancer, to Near Death, to True Healing](#)

[By Anita Moorjani & Wayne W Dyer](#)

Recommended by Laurin during

[Episode 56, May 2023](#)

[Man's Search for Meaning](#)

[By Viktor E. Frankl & Harold S. Kushner](#)

Recommended by Raja Vaidya

[Episode 55, May 2023](#)

AND by Aveen Banich

[Episode 62, June 2023](#)

[Extreme Ownership: How U.S. Navy SEALs Lead and Win](#)

[By Jocko Willink and Leif Babin](#)

Recommended by Raja Vaidya

[Episode 55, May 2023](#)

[A Course in Miracles: Based On The Original Hand Written Notes of Helen Schucman](#)

[By Helen Schucman](#)

Recommended by Alan Carroll

[Episode 54, May 2023](#)

[Hiring the Heavens: A Practical Guide to Developing Working Relationships with the Spirits of Creation](#)

[By Jean Slatter](#)

Recommended by Laurin during

[Episode 51, April 2023](#)

[When Things Fall Apart: Heart Advice for Difficult Times](#)

[By Pema Chodron](#)

Recommended by Karen Hager

[Episode 58, June 2023](#)

[The Artist's Way](#)

[By Julia Cameron](#)

Recommended by Laurin over and over again!

[Ask Your Angels: A Practical Guide to Working with the Messengers of Heaven to Empower and Enrich Your Life](#)

By Alma Daniel & Timothy Wyllie

Recommended by Donna Fairhurst

[Episode 71, September 2023](#)

[Manifest Your Destiny: The Nine Spiritual Principles for Getting Everything You Want](#)

[By Wayne Dyer](#)

Recommended by Donna Fairhurst

[Episode 71, September 2023](#)

[Wisdom of the Ages: A Modern Master Brings Eternal Truths into Everyday Life](#)

[By Wayne W Dyer](#)

Recommended by Donna Fairhurst

[Episode 71, September 2023](#)

[Playing Big: Practical Wisdom for Women Who Want to Speak Up, Create, and Lead](#)

[By Tara Mohr](#)

Recommended by Candy Motzek

[Episode 50](#), April 2023 and [Episode 4](#), May 2022!

[Be Your Future Self Now: The Science of Intentional Transformation](#)

[By Benjamin P. Hardy](#)

Recommended by Candy Motzek

[Episode 50](#), April 2023 and [Episode 4](#), May 2022!

[Rise Sister Rise](#)

[By Rebecca Campbell](#)

Recommended by Laurin and Sam Wittig

[Many Lives Many Masters](#)

[By Brian L. Weiss, M.D.](#)

Recommended by Laurin and Sam Wittig

For more information:

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For more information about Laurin Wittig, her energy healing practice & programs, to get on her mailing list (if someone forwarded this list to you!), or to book a free call to get to know Laurin and get your questions answered, please visit her website: Heartlightjoy.com.

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Happy New Year & Big Hugs!

Laurin